

# 10 WAYS TO KEEP WARM THIS WINTER

## Simple Things You Can Do to Save Energy and Money

Winter's cold temperatures bring an increased demand for gas, as people turn on their heating systems to help keep warm. PSE&G wants you to know there are some simple things you can do to stay warm and manage your heating bills this winter:

- Lower your thermostat. Set your thermostat as low as is comfortable in the winter. For every degree you lower the thermostat, you can save 3% on your heating bill. Turn down your thermostat 5 to 10 degrees at bedtime.
- Take showers instead of baths. Bathing uses more hot water in the average household – up to 25 gallons. A five-minute shower uses less hot water and could add up to substantial savings over time.
- Keep warm air inside. Make sure all windows are closed tightly and locked. Raise shades and open curtains during the day. Close shades and curtains at night.
- Seal holes and cracks around windows, doors and walls. You can save 10% or more on your energy bill by reducing leaks with caulking or weather stripping. Close off vents or registers in rooms that you are not using and close the door.
- Keep the garage door closed if the garage is attached to the house.
- Remove furniture or items which block vents supplying and returning air to the furnace.
- Increase insulation in the attic, crawl spaces, and basement. Since heat rises, adding a layer of insulation to your attic is one of the most cost effective ways to conserve heat.
- Clean or change your furnace filter so that your furnace doesn't have to work as hard.
- Complete a free home energy analysis that will give you recommendations for making your home more energy efficient. Visit [www.pseg.com/njenergysmart](http://www.pseg.com/njenergysmart), or call 1-866-NJSMART.
- For more energy saving tips, visit [www.pseg.com/saveenergy](http://www.pseg.com/saveenergy) to request a free Energy Savers brochure, and learn about a variety of payment options to help you manage your energy costs. For example, the [Equal Payment Plan \(EPP\)](#) can help make bills more predictable. For more information about the EPP and other payment options, call 1-800-357-2262, 24 hours a day, 7 days a week.