



**DISCIPLESHIP PRACTICE
PRINCE OF PEACE
LUTHERAN CHURCH
MARLTON, NEW JERSEY**

2018 - 2022



What's in a name?

Discipleship Practice (DP)



Discipleship Practice is an intergenerational gathering of adults and children who seek to know how God is encountering us. We do this through learning various practices that help us recognize the continuing graces of God.

Prince of Peace's Purpose Statement

We are disciples of Jesus who are empowered by God's extravagant grace to grow in faith, serve in love and live in joy.



Discipleship Practice (DP)

We are called to be disciples of Jesus by taking up our cross and following in Jesus' Way. At DP we attune our awareness to the truth that God is with us, claims us and calls us to step into Jesus' Way. We do this by utilizing practices (behaviors, actions, and processes) to listen deeply for the grace of God in all that is around and within and thereby be empowered to live a life of joyful response to these unending gifts.

These Practices Equip us to be disciples who ...



- Love God, Ourselves, our Neighbors and Creation with all our heart, mind, soul, and strength
- Love one another as Jesus has first loved us
- Notice and Recognize God in...

Ourselves: Our Body, Our Mind, Our Heart, and Our Soul

Our Neighbors

God's Creation

Scriptures

Sacraments and Sacred Ritual

Just about every other place





These Practices Equip us to be disciples who ...

- Learn Spiritual Practices to help us encounter and embody the above
- Know the stories of our faith from our sacred scriptures and from one another
- Live Jesus' FIFTH: Feed, Include, Forgive, Teach, and Heal
- Come to Know that life is all about the *Encounter* with the Holy One.



Do you want to ...

learn tools and skills to help you and your child deal with stress and anxiety?

recognize how God is encountering you and your child?

know and live a life of purpose and meaning?

cultivate compassion, grow gratitude, engage empathy, generate generosity, implement intention & tend trust?

know Jesus and the Way of Life that brings to life peace, love, hope, and joy?

spend quality time with your child engaging in skills you both will use for a lifetime?

serve others so they may experience the gift of life?

make our community a place of love?

make lasting intergenerational relationships?

explore the mysteries of life, life's larger questions?

attend to your own and your child's spirit and spiritual life?

grow in faith and understanding, serve in love, and live in Joy?

Then Discipleship Practice is for you.



Spiritual Practices

1. Prayer



a. Vocal

i. Liturgical

1. Corporate Worship
2. Daily Prayer “Offices”
3. Scripture Reading
4. Devotionals

ii. Out Loud Prayers from the Heart

iii. Arrow Prayers

iv. Intercessions for Others

Spiritual Practices PRAYER continued

v. Memorized Prayers

1. Lord's Prayers
2. Glory Be
3. Prayer of St Francis
4. Luther's Morning and Evening Prayer
5. Others
6. Canticles
 - a. Song of Mary
 - b. Song of Zachariah
 - c. Song of Simeon
 - d. Beatitudes
 - e. Song of Moses & Miriam

"Our Father in heaven, **live**
hallowed *be your name.*

Your **kingdom** *come,*
your **will** *be done,*
on **earth** *as in* **heaven.**

Give us today our **daily bread.**

Forgive *us our sins as we*
forgive *those who sin against us.*

Save *us from the time of trial and* **deliver**
us from evil. For the **kingdom,**
the **power,** *and the* **glory** *are yours,*
now and forever."

prayer ~ Matthew 6:9-13



Spiritual Practices PRAYER continued

vi. Singing

1. Hymns
2. Mantras
3. Songs from the Heart

vii. Journaling (also mental prayer)

1. Joys
2. Victory
3. Gratitude

viii. Grace at Meals – Prayer Dice

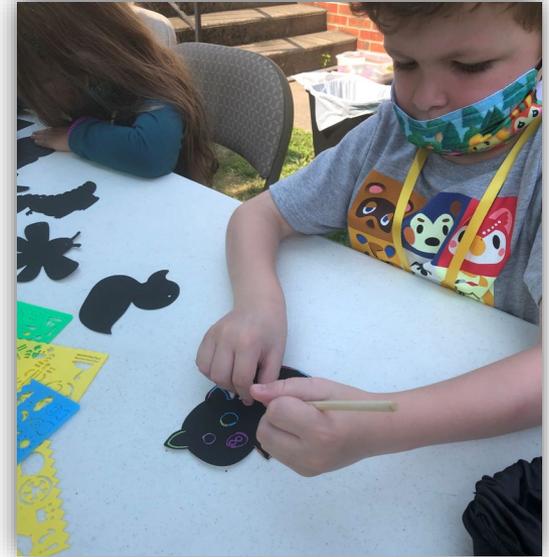
ix. Jesus Prayer

x. Offering Blessings



Spiritual Practices PRAYER continued

- a. Mental
 - i. Lectio Divina
 - ii. Christian Meditation
 - iii. Examen
 - iv. Ignatian
 - v. Franciscan
 - vi. Jesus Prayer - Prayer Rope
 - vii. Prostrations
 - viii. Reading
 - ix. Art
- b. Contemplative
 - i. Centering Prayer
 - ii. Stillness
 - iii. Silence



Spiritual Practices PRAYER continued

d. Physical

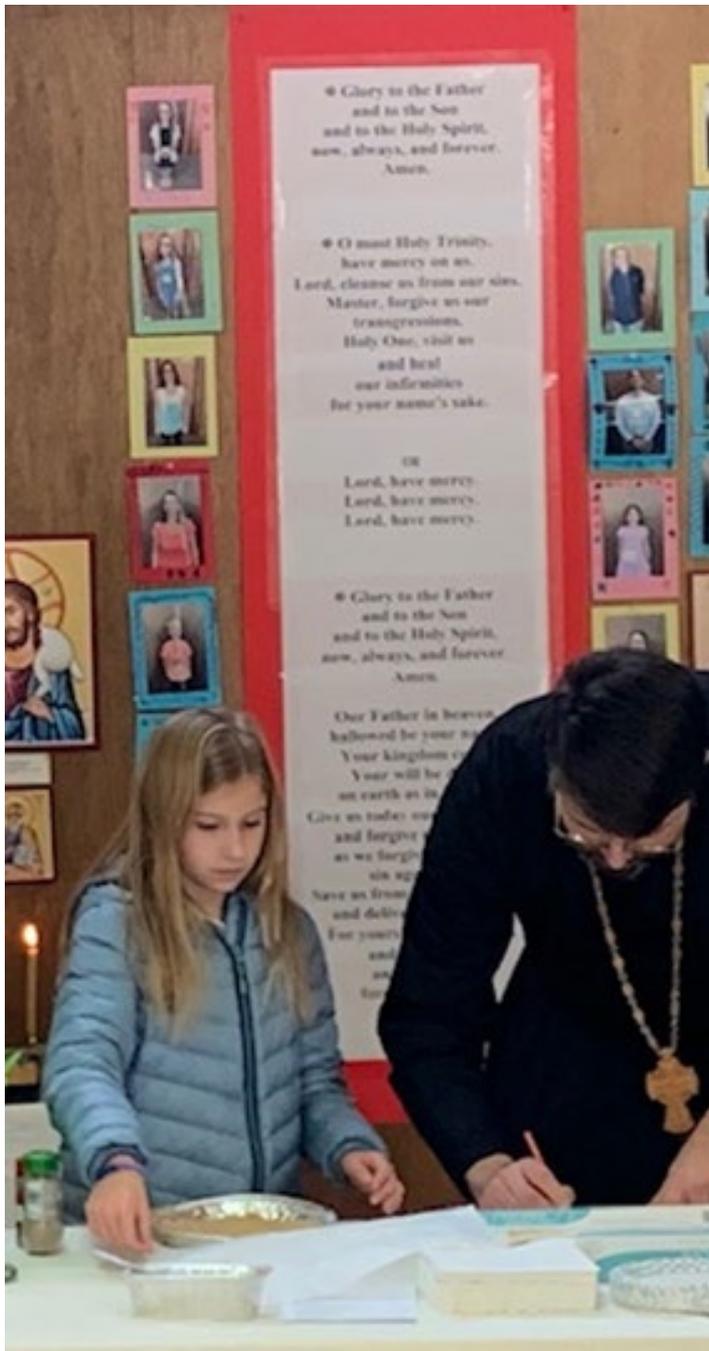
- i. Singing
- ii. Prostrations
- iii. Walking, Hiking
- iv. Labyrinth
- v. Yoga / Tai Chi
- vi. Dance
- vii. Art
- viii. Watching Animals or Children Play



Spiritual Practices PRAYER continued

2. Fasting
 - a. Food
 - b. Talking
 - c. Gossiping
 - d. Activity
 - e. Sex
 - f. Media
 - g. Spending
3. Almsgiving
 - a. Tithing
 - b. Service to Others
 - c. Works of Mercy
4. Confession and Forgiveness
5. Study – Reading Scripture and other texts
6. Practicing the Virtues
7. A Formulate a Prayer Rule
8. Mentoring
9. Cultivating Relationships
10. Remembrances





Order of Discipleship Practice

Gathering - 10 Minutes – begins before the start time

Family assigned to assist

Ritual Actions

Center, Acknowledge God,

Light Candle

Remember Baptism

Seeking Intention

Make Offering

Sign in, Get Name Tag

Join in ...

Gathering activity, the preamble to the practice to be learned



Opening Ritual of Centering & Intentions
- First 12 Minutes

Family assigned to assist

Invocation

Centering Stillness – Tuning a different sense each week

Setting of Intention -

Song (of the month or season)

Prayer (of the month or season)

Review and Practice last weeks Practice

Scripture Verse or Story from easy related to the Practice to be learned

Recall intention





Engaging the Practice -
Middle 35 minutes

Learning the Practice

Practicing the Practice

Doing the activity(s) to
reinforce the practice and
make Scripture connections

Practicing the Practice again



Sending in Grace - Last 8 minutes

Recalling Intention

Closing Prayers of Thanks

Praying for others

Jesus' Prayer

Song

Admonition to practice the Practice

Sending

Blessings

Clean up - After 10

Family assigned to assist

Putting everything away



DISCIPLESHIP PRACTICE – All Saints

KOLIVA – MEMORIAL FOOD

Scripture

Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit.

Meanings

Wheat Berries – Promise of Death and Resurrection

Seeds – What they have grown in us, planted in us.

Parsley – The bitter and hard parts of their life

Nuts – The crazy fun parts of their life

Dried Fruit – Remembering their whole life

Graham Crackers – The broken pieces of their life

Spices – What is unique about the one remembered?

Salt – How did they bring out the best in you?

Sugar – The sweetness of their life and love AND the sweetness of God's love that have covered it all.



Divine Encounter

Exploring Faith and Life through Creation



WHAT

Discipleship Practice / Confirmation / this year will be a learner led inquiry based exploration of our natural environment to provide encounters for the individual and the group to learn more deeply about the created order while allowing the experience to serve as a springboard to greater knowing (wisdom) of spirituality, faith, stewardship, life and practices of a disciple as we live into the larger life questions of God's presence and action in the world.

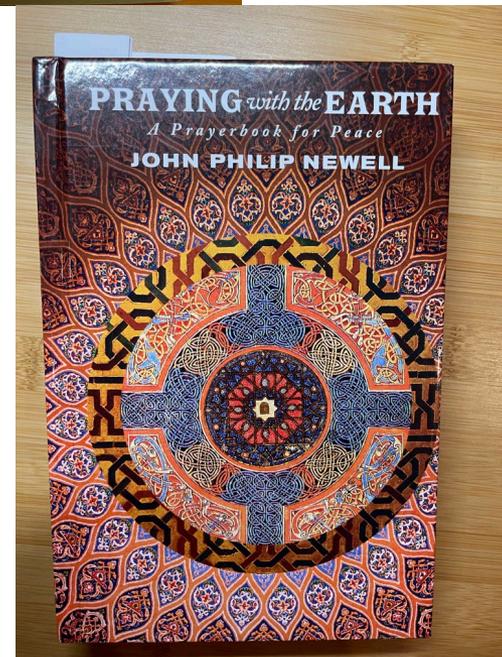
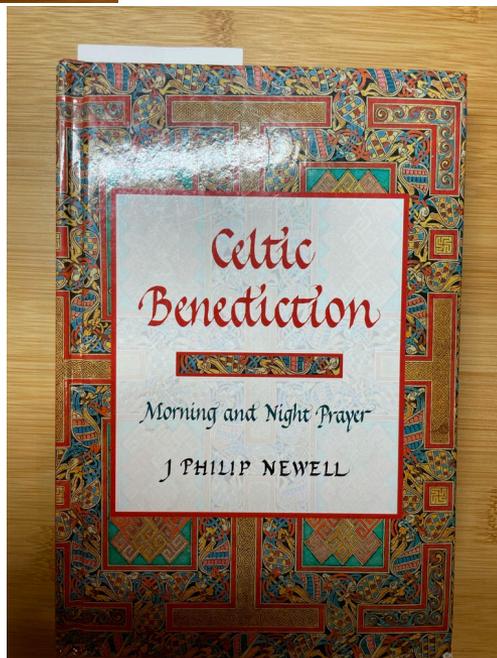
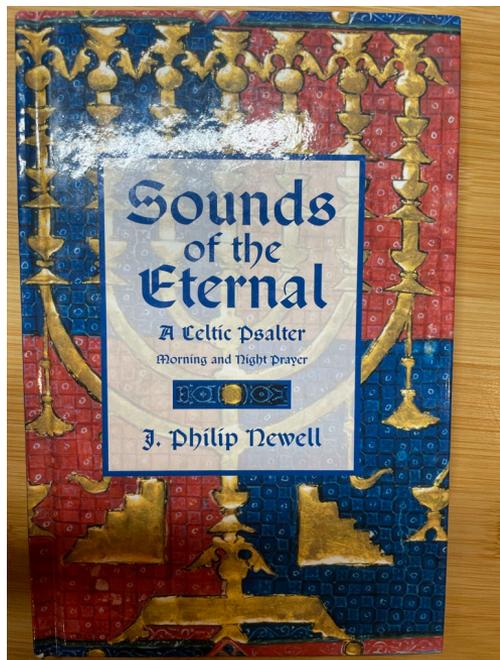
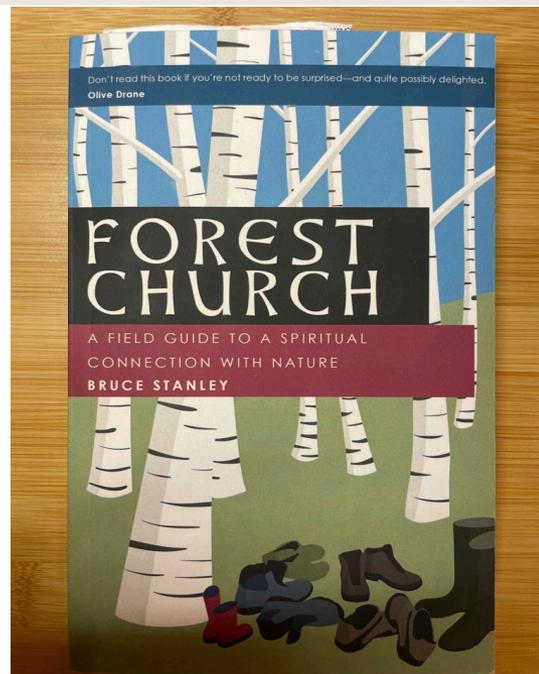
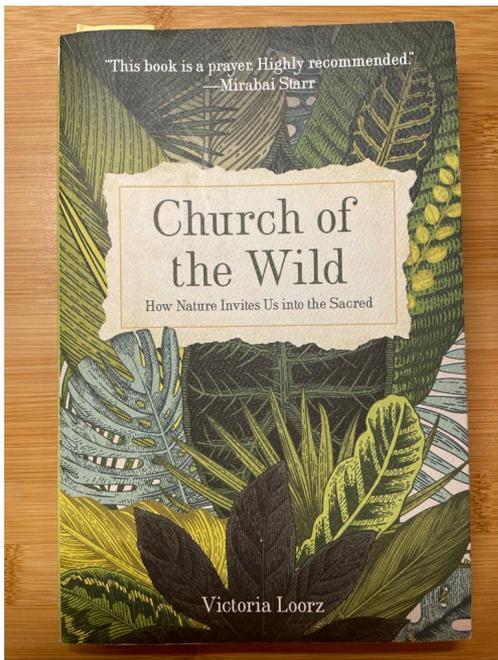


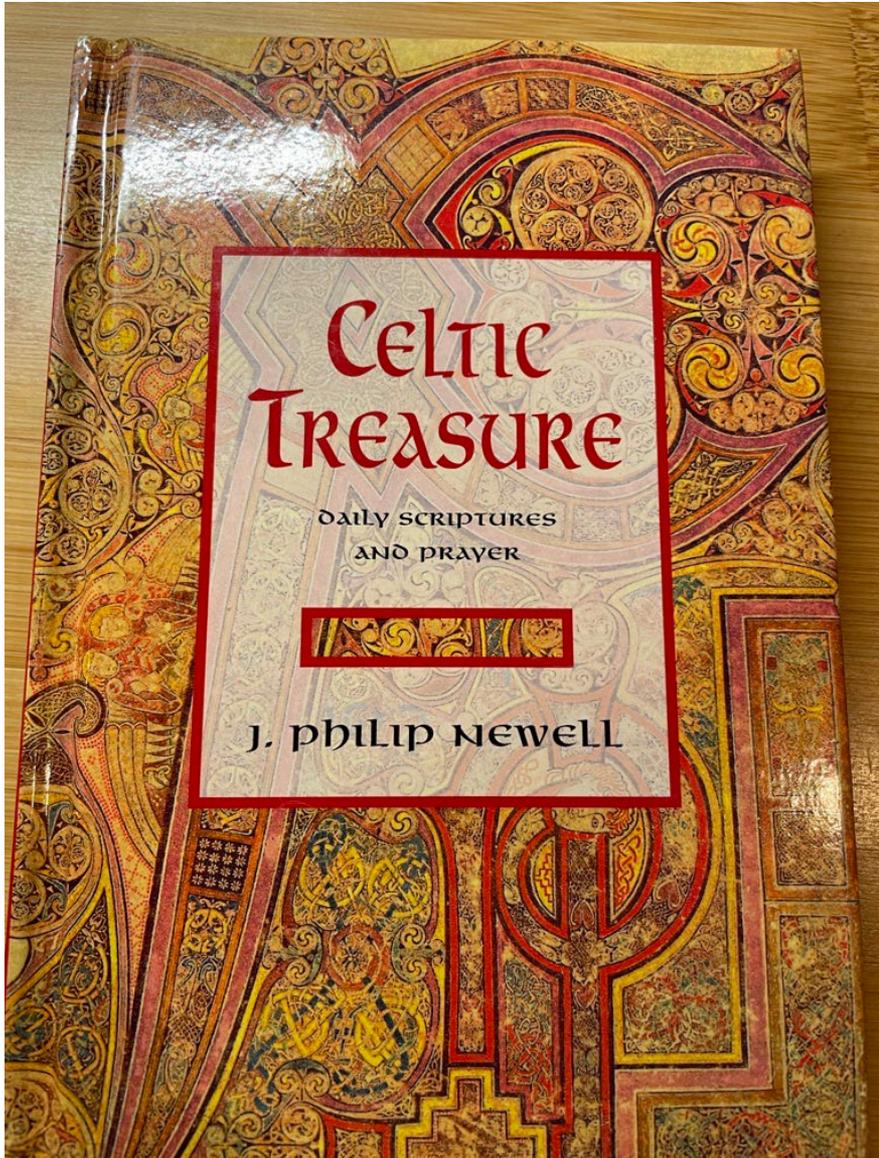
In this program we will explore Emmanuel, “God with us.” To do this, we will start with the learner’s innate sense of curious inquiry and assist them to cultivate their skill of deep observation of the world around and within them so that their encounter becomes an opportunity for greater understanding and relationship with themselves, others and creation.

Some key words of the program include: Awe, Wonder, Beauty, Delight, Inquiry, Exploration, Observation









The Wild Church Network **on FB**

<https://www.wildchurchnetwork.com>

Seminary of the Wild

<https://www.seminaryofthewild.com/copy-of-wild-christ-wild-earth-wild-1>